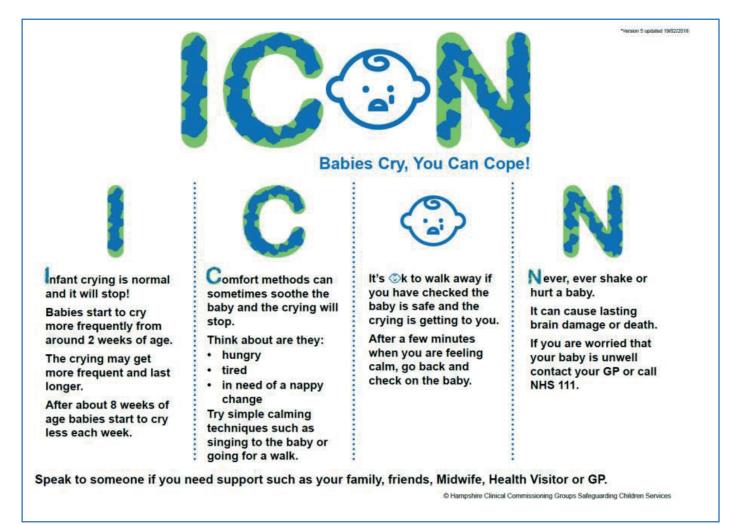
Exercise

Using ICON

Look at the poster below; what is new information that you have not heard before?



Whatever the situation it is always better to walk away from a baby than shake them in frustration.

Make sure if you are beginning to feel frustrated towards your baby, you speak to your support network about your feelings and get advice from professionals as soon as possible.

If you are worried about someone who has care of your baby is increasingly showing frustration towards your baby, remember, it only takes a minute to cause lifelong harm to your baby, so take steps to protect them.

