

Stage One: Motivation

What motivations does someone thinking in a sexual way about children?

There are many more reasons why people will think about sex with children other than sexual interest, in fact it is often a combination of factors.

Thinking about motivation.....

Discuss with your worker any of the below which surprise you or you think might be relevant to your situation.

Feeling rejection	Sexual gratification	Depression	Sex addiction
Feeling abandoned	Addiction - established dependency on pornography	Loneliness	Substance abuse
Own experiences of abuse	Desensitising to legal adult pornography	Decreased or no sex life	Boredom
Low self-esteem	Inability to relate to people / relationship problems	Excitement	Stress
Curiosity	Buzz / risk taking	Comfort	Other?

Notes: