

FOREST TEAM



GIVING FAMILIES OPPORTUNITIES
& RESOURCES FOR EARLY YEARS
SUPPORT, TOGETHER.

Background

Pilot developed from research and known data taken from ACES literature regarding poor health outcomes in children and families

Pilot goal to improve early outcomes.

Developed as an early intervention programme.

Encompasses the Assessment Triangle to approach the family holistically and understand their needs.

Eligibility criteria developed for the pilot to reflect the known contributors to poor outcomes.

Pilot being delivered in 3 localities; Yeovil, Bridgwater and South Somerset West.

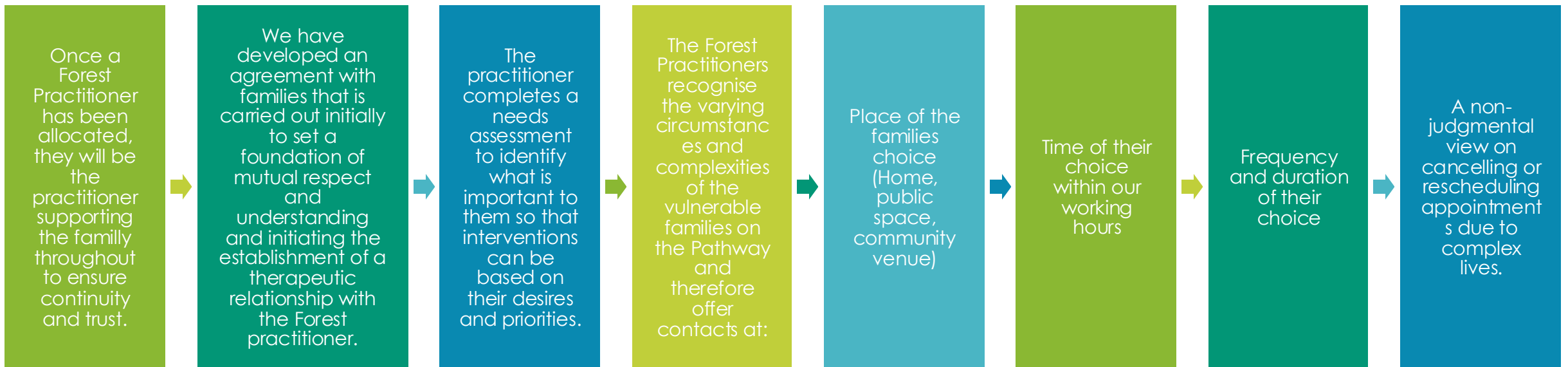
The process

- ▶ A needs assessment is undertaken by a registered Midwife or Health Visitor. They effectively act as a gatekeeper to the FOREST pathway from 16 weeks gestation to postpartum 6 weeks.
- ▶ Families assessed as having 2 or more vulnerability points (based on ACEs literature), will be invited to participate in the pilot.
- ▶ As part of the Pilot, the FOREST practitioners are working in collaboration with the Somerset Council Healthier Lifestyle Team.
- ▶ A pathway has been developed with SPLASH, a children's weight management service in Somerset for children below the age of 4 years. Families who are being stepped down from the SPLASH service are being offered referrals into FOREST.
- ▶ FOREST are inviting families to participate in ongoing measurements and data collection via a service questionnaire, similar to that in the main pilot. They are being provided with the Healthier Lives toolkit and invited into the Health Visiting led Fun Through Food and Movement Group which is a 10 week rolling programme, including cooking preparation, cooking demonstrations, food tasting, and varying movement activities.

Eligibility Criteria

Major (2 points)	Minor (1 point)
History of diagnosed significant mental health disorder	Mental health concerns
History of domestic violence/abuse	Parent- previous victim of child abuse
Smoking, alcohol, or other substance misuse in pregnancy	Life stressor (e.g., insecure housing, bereavement, both parents unemployed)
Previous children social care involvement (Active case exclusion)	Any alcohol or drug use in the home
Parental learning difficulties (significant)	Social isolation
Young parent <18	Parental learning difficulties (mild-moderate)
Concealed pregnancy	Non-English Language speakers or other communication difficulties
Care Leaver	Parent in prison
Health professional concern	

Trauma Informed approach





Any questions?