

NSPCC

The NSPCC Schools Service

Supporting you to keep children safe

Tamsin Sheldrake – Schools Coordinator - Somerset

EVERY CHILDHOOD IS WORTH FIGHTING FOR

NSPCC Schools Service: Our Approach

Your NSPCC Schools Coordinator

One point of contact for all schools – streamlining access to safeguarding support, guidance and expertise.

Programmes for All Ages

Comprehensive resources for pupils from early years through to secondary, plus tailored support for parents and carers.

Collaborative Partnerships

We work closely with schools and organisations to embed safeguarding into everyday education and school culture.



What we'll cover

1 Talk Relationships for young people aged 11 – 18

2 Speak out Stay safe for children aged 5 - 11

3 Talk PANTS for children aged 3 - 11

4 Digital Citizenship Resources by Common Sense Media

5 Our wider offer

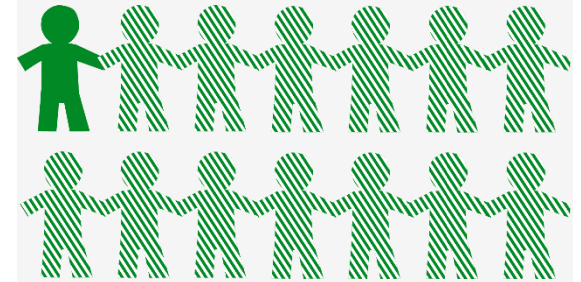
What we know about child abuse and neglect in the UK



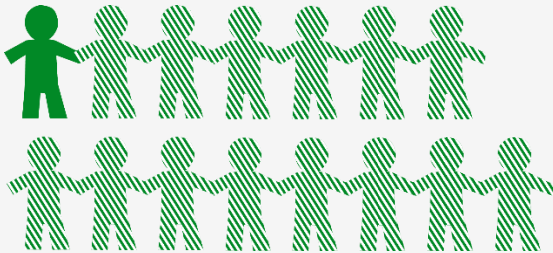
1 in 5 children
have **suffered abuse**



1 in 20 children
have been
sexually abused



1 in 14 children
have been
physically abused



1 in 15 children
have been **emotionally**
abused



1 in 10 children
have been **neglected**



1 in 5 children
have been exposed to
domestic violence

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Talk Relationships

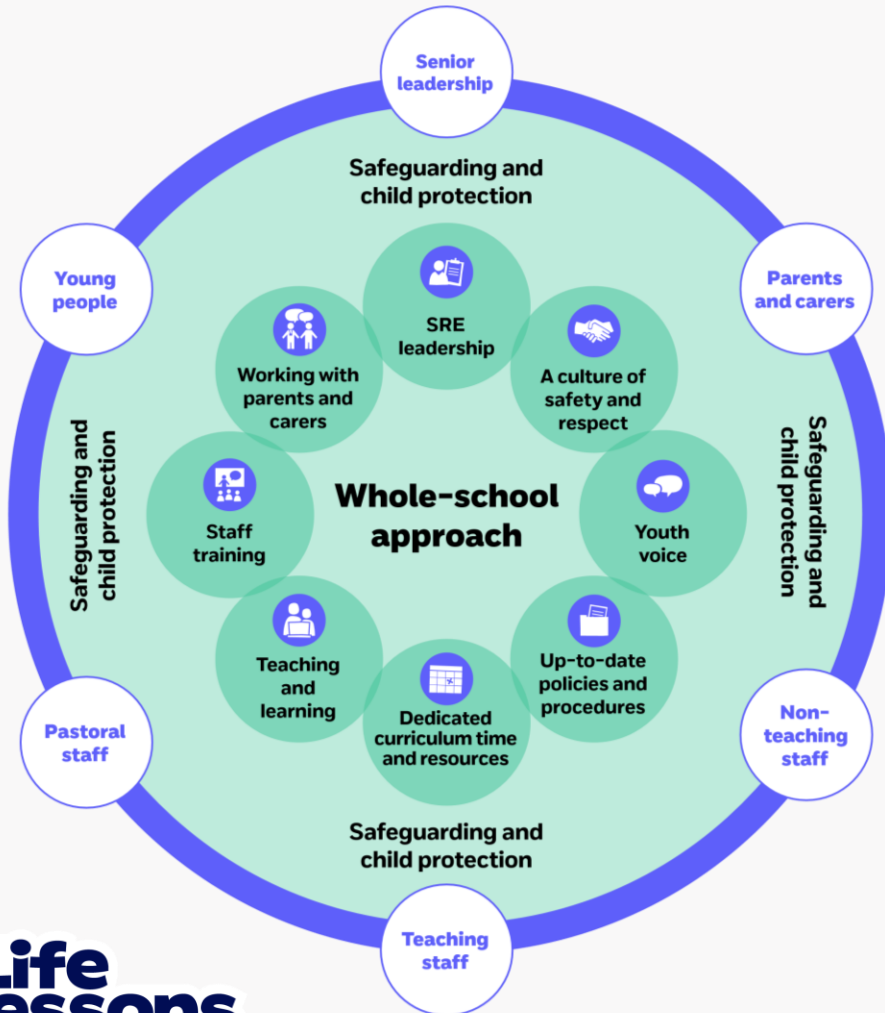
Support for secondary school teachers & leaders to confidently deliver inclusive sex & relationships education



Talk Relationships



Whole-school Approach (WSA) Framework



Tools and resources for a WSA



Lesson plans created by experts from PSHE Association & NSPCC



E-learning courses for teachers and leaders



Dedicated helpline to provide advice and guidance



Real-life best practice case studies from eight schools



Youth Voice Matters toolkit to engage your young people – created with Cardiff University

The WSA Framework

2 How was the framework developed?

The framework, developed in partnership with Life Lessons, draws on the most up-to-date guidance, policy and research on whole-school approaches and SRE.



It was developed with teachers and school leaders from across the UK. It's shaped by key research with young people about their experiences of SRE in school, and in consultation with them on the content of a whole-school approach.

You will find links to further reading and information at the end of this document.

3 What do young people want from SRE?



53.9%

of young people report that teaching in school 'rarely or never' covers what they want to know about relationships, sex and sexuality.¹

¹ Reynolds, E. et al (2022) 'We have to educate ourselves': prioritising young people's voices and their recommendations for change. London: NSPCC.

Evidence Based Document

NSPCC Learning

There's a lot we need to talk about. To make it easier, we created Talk Relationships.



How to implement a whole-school approach



How a whole-school approach is implemented is almost as important for your school as creating a whole-school approach itself. It takes time and resource to make sure new practices are fully and effectively embedded. Committing to a whole-school approach to sex and relationships education (SRE) means continuous review and development to make sure it remains relevant to your students' needs. Implementation is a defined set of actions designed to put an activity or programme into practice. Creating an implementation plan makes it more likely that your school will successfully adopt and sustain a whole-school approach to SRE.

There are six critical steps to creating an implementation approach for your school.

1 Leadership buy-in your school will need



A member of your Senior Leadership Team to champion SRE across the school and lead on implementing your whole-school approach.

- A dedicated SRE lead, with protected time and resources to build the SRE curriculum and support implementation of the whole-school approach.
- Volunteer SRE Champions. This should include representatives from teaching, safeguarding, pastoral teams, and key subject matter experts (e.g. SEND/ASN/ALN and EAL) as well as young people from your school.

2 Self-assessment



Use our SRE Snapshot tool to self-assess your current provision against the WSA Framework. This will help you identify what your school is already doing well, and which areas need improvement.

- The Snapshot should be completed by an SLT member. However, they may need support from other teaching and non-teaching staff to gather the information needed. This could involve your SRE Champions, for example.

Implementation Guide



SRE leadership

SRE needs to be prioritised at senior leadership level within school.

A well-resourced SRE Lead, and a shared vision and values across the school community, are crucial for the success of a whole-school approach to SRE. Leaders should take a collaborative approach, involving all stakeholders to embed SRE throughout the school. SRE should have equal status to other subjects, with dedicated time and resources, staff training, assessment, monitoring and review.

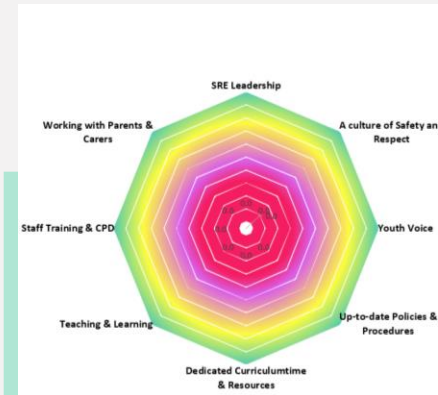


Benchmarks

1. There is a clear vision for SRE that reflects the school ethos and has defined outcomes and impact measures.
2. There are defined roles and responsibilities around SRE.
3. SRE has the same status as other subjects, with appropriate resources identified and prioritised.
4. Processes are in place to monitor, assess, and report on SRE and the whole-school approach.
5. SRE is embedded in relevant school strategies and improvement plans, for example safeguarding.



Whole School Approach Framework



Snapshot Tool and Action Plan

Speak out. Stay safe

Programme

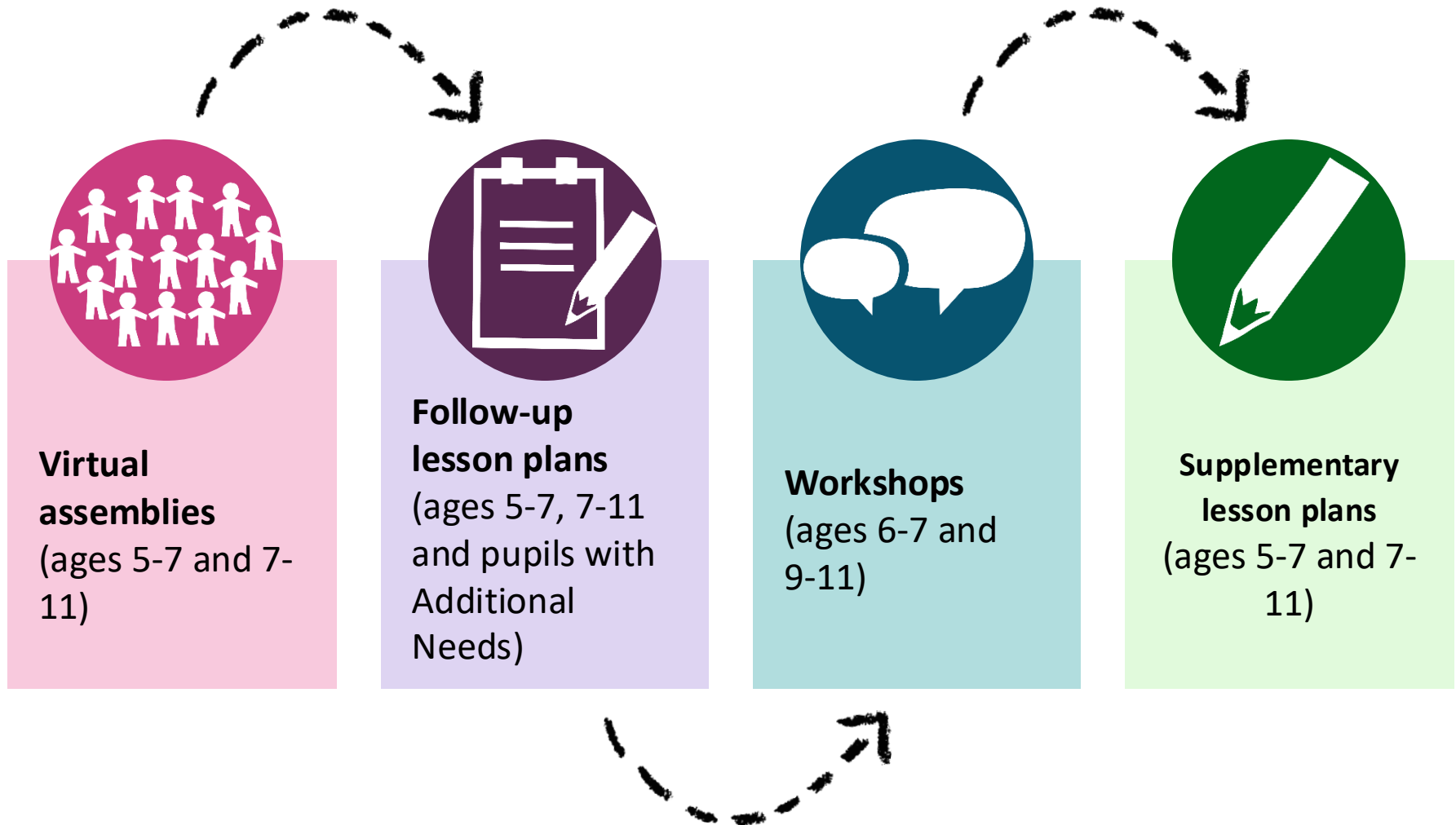
Speak Out Stay Safe is a safeguarding programme for children aged 5 to 11, available to all primary schools across the UK and Channel Islands.

The programme helps children:

- Understand abuse in all its forms and recognise the signs of abuse.
- Understand that abuse is never a child's fault, and that every child has the right to speak out and stay safe.
- Know how to get help, and the sources of help available to them, including our Childline service.



Speak out Stay safe Programme



Virtual assembly content: Ages 5-7

Introduction from
Ant, Dec and
Buddy



Setting the scene



Definitions of ways
children could be
hurt



Children's rights



Speaking out to
safe adults and
Childline



Recap and close



Virtual assembly content: Ages 7-11

Introduction from
Ant, Dec and
Buddy



Setting the scene



Speaking out to
safe adults and
Childline



Sack of worries and
definitions of abuse



Ali's story and
children's rights



Recap and close



Follow-up lesson plans for pupils who have additional needs

Additional Needs - follow-up activities

5 core activities linked to the assembly film for 5-7yrs and 7-11yrs.

Lesson plans & teacher guidance

Adaptable lesson plans to meet the needs of a range of pupils.

Presentation slides

Visual prompts to support memory, communication & processing skills.

Resources bank including

- Simplified definitions of abuse, featuring Widgit
- Sam's story retelling and puppets (5-7yrs)
- Printable activities
- Feelings emoji prompts
- Safe adult poster template and Buddy cards (7-11yrs).

5-7yrs



7-11yrs



With a safe adult:

- ✓ You feel safe.
- ✓ You can talk.
- ✓ They will listen.

An adult is 18+.
Sam's teacher was a safe adult.



A safe adult makes me feel:



We all have the right to speak out and stay safe.



How to ask for help

Please help me.

I need to talk to a safe adult.



I'm worried, can I talk to you?

Supplementary lesson plans

5-7	7-11
Bullying	Bullying
Hitting	Physical abuse
Hurting children's feelings	Emotional abuse
Not being look after properly	Neglect
Summary lesson	Summary lesson
Sexual abuse – Talk PANTS resources	

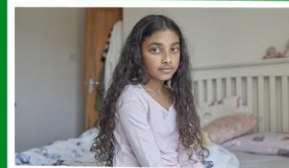
Volunteer led workshops

In areas where we have volunteer capacity, we are able to offer volunteer-led face to face workshops for children aged 6-7 and 9-11.



What do you think?

Someone says
that what is going
on is a secret.



Speak out Stay safe SEND/ASN/ALN

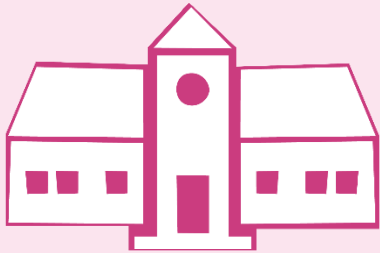


Speak out. Stay safe.
Safeguarding children with
additional needs and disabilities

- Aimed at 9-11 years old but can be used with older pupils.
- 6 sessions with activities and resources to help pupils understand what abuse is and learn strategies to keep safe.
- Can be adapted to meet a wide range of needs and abilities (MLD/ASD).

Alternative Provisions - Practitioner Toolkit

- Developed for practitioners in alternative provision settings
- For children aged 5-11



- Flexible, interactive resources & practitioner support materials
- Adaptable for individuals or small groups



- Empowers children to speak out & understand their rights
- Covers types of abuse



Home Education Resource Pack

- Developed to support children aged 5-11 at home
- To be used by parents and carers and/or home educators
- Simple to run activities with video briefs and scripts to guide facilitation
- Covers key topics like feelings and emotions, worries, children's rights, and safe adults
- Includes signposting for self-help and NSPCC resources for further support



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TALK



AND HELP KEEP
CHILDREN SAFE



Talk PANTS

The PANTS Rules



Learning plan overview



	Age group	Lessons
Early years	3-5	Introduction to PANTS rules.
Children aged 5-11	5-7	Learn to recognise their rights over their own body and who can keep them safe.
	7-11	Exploring appropriate and inappropriate touch and peer-on-peer abuse, where relevant.
SEND/ASN/ALN	4-11	Focuses on the 5 rules one at a time.



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Digital Citizenship Resources

by

Common Sense Media



Digital Citizenship Resources



Learner-facing videos



Topic-based tip sheets to address parent concerns



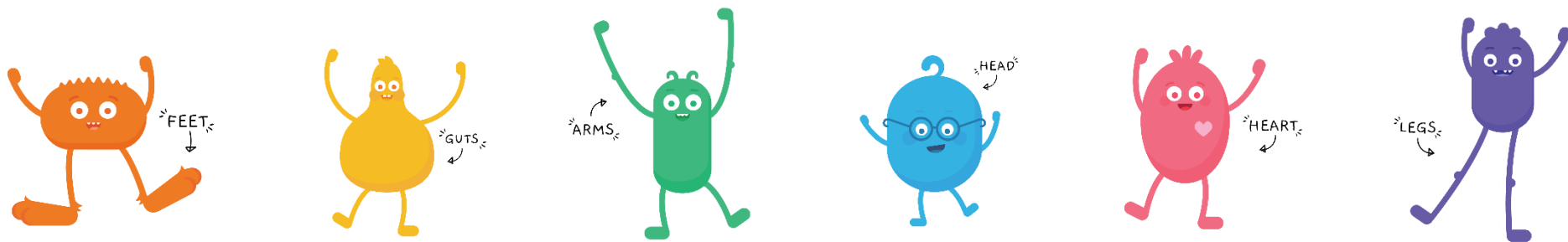
Customisable presentations



Fully updated to suit UK needs



In class activities



NSPCC
„Learning“



More from the NSPCC



Childline

Children can always contact a Childline counsellor:

- **Phone:** 0800 11 11 (free)
- Deaf Zone and Sign Video Service: For d/Deaf children.
- **Online:** 1-2-1 chat or email counselling.

Age-appropriate information and advice:

- Childline Kids is specially for under 12s.
- New Buddy Zone for more safety advice.
- Childline's games, are a safe way to relax and play online.
- Message boards can help young people share experiences.



NSPCC Helpline

NSPCC

**For any
concerns
about a child**

help@nspcc.org.uk | 0808 800 5000

Helpline



Professional learning

- **Free newsletters and email alerts**

Our emails keep you up to date with the latest safeguarding news.

- **Briefings and practical guidance**

Up to date summaries of key safeguarding legislation and practice guidance.

- **Research findings**

All the latest NSPCC insights about children, young people and their families.

- **Self-assessment tool**

Audit your organisation's safeguarding and child protection policies with our free online checklist.

- **Online and in-person training courses**

We offer a range of courses for schools, voluntary and community groups, and anyone working or volunteering with children.

NSPCC
Learning

Next Steps

Find out more about what the Schools
Service has to offer:



<https://learning.nspcc.org.uk/safeguarding-child-protection-schools>

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Thank You

Any questions?

{email address}